

Opening Prayer

- Come Holy Spirit, fill the hearts of Your faithful and kindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy Your consolations; through Jesus Christ our Lord. Amen.

30 (?) Cursillo Ideas You Might Consider

- Kevin Mallon
- 503-863-1973 k.mallon@frontier.com
- Episcopal Cursillo Ministry Committee – VP & Western District Representative
- Oregon and SW Washington Episcopal Cursillo (formerly of Northern Calif)
- Kairos Prison Ministry of Oregon (formerly of California – CMF Vacaville)
- Oregon Trails Walk to Emmaus (formerly of Northern Calif/Nevada WTE)
- Via de Cristo of Oregon and Chicagoland Presbyterian Pilgrimage

Today's Agenda

- Ideas for Secretariats
- Ideas for the Cursillista/Fourth Dayer
- Ideas for Weekends
 - Interspersed
- Have your phone camera ready for a QR code



Writing My Story – Cursillo and Me

- On your Secretariat website, elicit and display brief written accounts of the impact Cursillo has had on people's lives, via first person accounts.
- [UK Diocese of Chichester "My Story"](#)
- [San Diego Cursillo "Reflections from the Weekend"](#)





Recording video of folks' Cursillo stories



- Interview via Zoom or video some Cursillistas, recording them for later viewing at your website
- [Example videos on the ECM Website](#)
- [Sample questions for new Cursillistas for survey or video \(PDF\)](#)

List Group Reunions on your Website

[Walk to Emmaus Online Group Reunion List](#)

Group Name	Location	Day	Time	Contact	email
Emmausing Grace	Bethany UMC – Green Bay	Wed	6pm	Mary Jones	m.jones13@gmail.com
Women’s Zoom	Green Bay ZOOM	Mon	6:30pm	Hal Azuma	Haltime@att.net
GB Area Men’s	Bethany UMC, Green Bay	Wed	6pm	Jose Ruiz	joser14@aol.com
Reunion Group	Mauston Zoom	Sat	8am	Terry Smith	tsmithhome@gmail.com
Ashes to Gold	MaustonP	Tues	7:30	Lily Zang	lilyzang123@aol.com

Have a Cursillo Sing-a-Long

- Consider having a “Night (or Day) of Cursillo Song”
- Just singing Cursillo favorites
- Use songbooks or PowerPoints
- Let folks place requests in advance of the Sing-a-Long
- [Diocese of Mississippi Announcement](#) (after a Convention)

Cursillo Parish Representatives (CPR's)

- Establish and list on your website a Cursillo point of contact in each congregation
[Alabama Online Parish Contact List](#)
- Have quarterly Zoom meetings among the reps
 - Credit: Marin Cursillo
- Roman Catholic [Parish Representative Handbook](#) (PDF)

Let Secretariat use the Cloud of Knowing

- Set up a Google Drive or Dropbox for your Secretariat
- Add to it Rector's Manual and scripts
- Secretariat Minutes
- By-laws
- Scanned-in database forms
- Forms and flyers
- Music
- Limit access to certain folders



“Survey Says” – survey your folks

- Google Forms – [Oregon Sponsoring Survey](#)
- [Survey Monkey](#) – free for a limited number of responses
- Send out to your email list, post link to Facebook
- Use for your teams
- Use for voting online for Secretariat
- [ECM's survey](#)

Use QR codes and shortened URLs

- <https://www.oregon-cursillo.org/wp-content/uploads/2025/03/National-Cursillo-survey-and-email-signup-QR-and-tinyurls.pdf> when taken to <https://tinyurl.com/>
- Becomes <https://tinyurl.com/ECMSurveyQR>
- Or this



Where QR codes are good

- Flyers
- Conferences and conventions, placed in a clear plastic stand
- Places where people have phones
- Also give the shortened URL in case they want to access them later
- Just take a picture of the flyer, with URL beneath
- Can use a projected, on screen QR to collect info from who is there – project QR on screen, have folks use their cameras to connect to data form

Scheduling coordination made easier

- Try using [Doodle](#)
- Can be useful for finding optimal dates and times for meetings
 - [Oregon – Sample Secretariat Poll](#)



Example of Doodle Poll Responses

Availabilities ✓ yes 👉 if need be ✗ cannot attend 🕒 pending

	SEP 28 SAT All Day	OCT 12 SAT All Day	NOV 2 SAT All Day	NOV 11 MON All Day	NOV 23 SAT All Day
Participants	👤 4	👤 6	👤 9	👤 5	👤 9
Kevin Mallon You	✓	✓	✓	✓	✓
Susan Barnett	✓	👉	✓	✓	✓
Larry Chalew-Fuller	✗	✗	✓	✗	✗
David Hanson	✗	✓	✓	✗	✓

[Book it](#)

You need a Database Form

- Fill out at lunch on Sunday – or at Ultreyas – have it everywhere
- Demographics – let them write in the gender (no check box), YOB
- Use letter boxes for email letters/numbers (clarity)
- Lay or clergy OR heading toward ordination
- What they have done previously in Cursillo
- What they'd like to do for Cursillo (e.g., rollo, cook team)
- Interested in Kairos Prison Ministry? (share these with Kairos)
- [Sample Database Form](#) - Oregon/SW Washington

The Fifth Day – Rest in Peace and Glory

- The Day after the Fourth Day comes to an end
 - Put this term and definition in your Pilgrim’s Guide list of terms
- Create a form for Pilgrim packet (and your website) to include in their “Last Things Binder,” asking the survivors to notify the Cursillo Community of my passing and memorial service, and whether they want any special Cursillo music
 - [Oregon Cursillo Form for 5th day request](#) (PDF)
- Build a culture – if you knew them, attend

Online Ultreya!

- A blessing to those who don't travel well or far
- Can use breakout rooms for Floating Group Reunion
- Can use live musicians or YouTube videos with lyrics (but mute singalong)
 - Check optimizing sound for singing tips
- Can drop lyrics into the chat or share screen
- Use "share screen" to drop in Prayer for Holy Spirit and questions
- 40 minutes free – probably better to find someone who has paid acct.
- Have everyone introduce themselves, where live, when Cursilloed

Take the pledge!

- See if you can have a group of people agree to commit to attend something for a year
 - Such as monthly Zoom Ultreya
 - Or an in-person Ultreya
 - Might build some momentum
 - “Would you be willing to commit to meet for the next 12 months?”



Music: “Boomers’ Peter, Paul, and Mary”

- “The 1970s called & want their music back” – time for new music
[Article about "Saving Cursillo"](#) - The Living Church
- Tough for Episcopalians – we mostly don’t listen to or sing contemporary Christian music (CCM via CCLI) on Sundays
- Much CCLI is lousy – bad tunes, bad theology, boring, long
- Tip for CCLI (\$74) and OneLicense: Report minimal congregation size
- Watch [New Song Café from WorshipTogether](#) (+ free sheet music)

More Music – Playlists and FB Group

Note: Joining Spotify may be necessary to access these

- Glory and Praise hymnal (20+ volumes of recorded music)
 - [Glory & Praise 3rd Edition, Vol. 22](#)
 - [Glory & Praise Albums](#)
- [Passion movement](#)
- [Worship : Together](#)
 - [Worship Together Creative House Sessions](#)
- Have your Musicians join the [Fourth Day Musicians FB group](#)

Spotify – as close to Heaven as a music lover gets

- Create a Spotify playlist (and email the link) to teach team new songs
 - [Oregon and SW Washington Cursillo 2022 Playlist](#)
- Create a Spotify playlist to teach musicians new songs
- Maybe create a Spotify playlist to teach incoming Pilgrims the music before they attend a Weekend, and send it around well before the Weekend
 - I haven't tried this one – would they be disappointed that we don't sing them exactly like the recordings?

Sponsor Education – long before Cursillo

- Well before the Weekend, offer a “So You Are Thinking About/Wondering About Sponsoring to Cursillo” session
 - Zoom it **and** record it (maybe post it)
 - Here is what being a sponsor is like, with emphasis on the benefits/joy
 - Attendees don’t have to have someone in mind to attend
 - And reinforce that one “No” is not a trend, and that a “No” now does not mean “No” forever. –
 - Plenty of fish in the sea – I think Jesus said that

Recruiting 1: We need more/younger clergy

- Do you have an Episcopal (or non-) seminary in your area?
 - Any Cursillistas with connections to faculty/dean
 - Seminarians fly free – offer to have Secretariat waive fee
- Does your Diocese have seminarians?
 - Connect them to Cursillo where they reside
 - Connect Cursillo in their area to them – contact that Secretariat
- Do you have a diaconal/educational formation program?
 - Get the director to Cursillo
 - Get the students to Cursillo
- Retired Cursillo clergy can sponsor (and supply in place of)

Recruiting 2: Finding new/younger folks

- [Episcopal Service Corps](#) - for new college grads – No charge
- Solicit those who have done Teens Encounter Christ or Happening
- Talk to your Diocesan Youth Ministers about talking up Cursillo
 - And which recent grads they think would be good to ask
 - And invite the Youth Ministers to attend Cursillo
- First Cursillos in Mallorca, Spain were for those single and under 30

Recruiting 3: Campus Ministry

- Cursillo caught fire as a training program for young, unmarried men between 16-30 who were going to be leaders for a pilgrimage
- First Cursillo Weekend of 1944 had a 14 year old at it!
- Recruit campus ministers to attend Cursillo
- Minimal charge for students
- Think about getting around sponsors asking (or use campus ministers)
- Consider timing for Weekends (school vacation, holidays)
- Vocare mostly gone; I find only Alabama and Upper South Carolina

Recruiting 4: Diocesan Convention and events

- Have a Cursillo table with a Cursillo banner
- Signup lists
 - For “I’d like to go”
 - For “I’d like to be on a team”
 - For “I’d like to be a sponsor”
- Database forms to fill out for old-timers
- Always have chocolates sprinkled about – the bait

Recruiting 5: Pilgrims – The Fishing Lines

- “Would you let Beth and me sponsor you to attend a Cursillo Weekend that is coming up? We’d love to do it and think you’d have a great time. What do you know about Cursillo? Can I tell you what my experience has been?”
- “Think about it this way. If you had a chance to experience a couple of days of what God really hopes a Christian community could be, all in all, would you want to experience that or would you want to wait?”
- Find out how to attend a Kairos Inside Prison Weekend closing on Sunday and ask someone to attend with you because “You will be blessed.” “I can you into prison” – with Cursillo the gateway
- Don’t call it Co-Ed Cursillo (some think married couples, or excludes non-binary).

Online Prayer Vigils

- Unfortunately, www.3dayol.org is no more
- But www.prayervigils.net is available
 - Permits signup for prayer vigil slots for your Weekend
 - Upload wall palanca to it from your Secretariat
 - Get wall palanca from it (**this has been a problem**)
 - Add your palanca person's email to your Weekend blurb for those who scan the list of upcoming weekends
 - If you are looking for something to pray over/for/about
 - Include link when sponsor asks for Palanca

List events nationally with Episcopal Cursillo Ministry

- Add it to the [ECM events page](#) at
- Make sure your Secretariat's palanca contact person is aware of this site too, for sending wall palanca
- And if you have a training (especially via Zoom) that you might be open to having people from other secretariats attend, list those as well. For example:
 - Sponsors training
 - Cursillo Leadership Workshop (ECLW)

Wall palanca sources

- Have your palanca coordinator join the Facebook private group “[3-Day Palanca & Agape](#)”
 - Use for getting and giving wall palanca: upload yours to pdf files or download from other
- [ECM Events Page](#) provides emails for palanca angels are listed at bottom


Team training and meeting ideas

- Get acquainted via [Life Experience Bingo](#) – “Find someone who...”
- First session: Assign and pair up Prayer Partners to pray for each other during preparation for the Weekend
- **Consider:** Ban bell-stealing (a distraction to Pilgrims)
- Maybe Zoom Team Meeting (s)
- Maybe Zoom subteam meetings (Palanca, Kitchen, Rollo Room)
- Maybe Zoom rollista and clergy review
- Maybe a single Team Weekend a month before the Cursillo
- [Team training idea videos](#) from Cursillo Canada

Check the Checklist

- Have and email a standard checklist for what Pilgrims should (and should not) bring. Send it to the Sponsors as well.
 - Oregon and SW Washington [Resources for ECMC](#)
- Have a similar standard checklist for what Team should (and should not) bring
 - And have Team add to it what specific things they will bring, e.g.,
 - Sound system
 - Altar linens

“I Am Sponsoring” Training – close to Weekend, for Known Sponsors

- Within 2 weeks of the Weekend
 - Ask how gathering Palanca is going and how to get more
 - Share the schedule for arrival, sponsors’ hour, agape, mananitas, clausura
 - Last minute tips for sponsors
 - Probably via Zoom
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Sponsors: Getting Palanca – Part One

- When prospective Pilgrim says, “Yes, I will go,” hand them a form asking for names, email, and cell phones for family and friends
- “We have a tradition of asking family and friends to pray for you during the Weekend. You probably will want to let them know that I will be reaching out.”
- “And I need the list back ASAP.”
- Text alert and then email the palanca prospects a form letter (maybe twice) asking for letter of prayer and sacrifice, to be mailed to you by Sunday before the Weekend
- [Friends and Family Contact Form](#) (PDF)

Getting Personal Palanca – Part Two

- Ask Cursillistas in your congregation
- Ask Cursillistas in their congregation
- Ask non-Cursillistas to pray (then ask them to go!)
- Secretariat publishes names of those attending/sponsors in email or Facebook group
 - Be sure your Pilgrim application asks for permission to make name and image available via social media

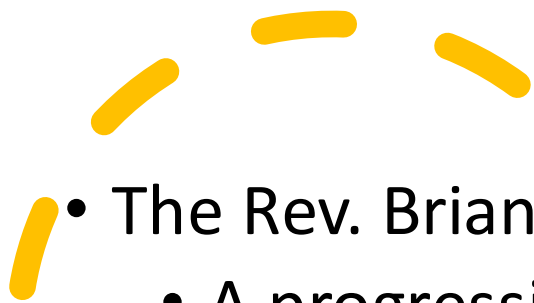
During the Weekend – Try “no talk of work”

- At check-in, ask/tell Pilgrims that we don't want them to discuss their occupations (past or present)
 - I stole this from Walk to Emmaus
 - Keeps people from establishing “the hierarchy”
 - More comfortable for those not working
 - Lets clergy stay undercover
 - Makes folks talk about other (better/deeper, we hope) stuff
 - Post a sign to that effect, “Remember, we are not discussing current or prior jobs/careers.”
 - Tell people at lunch on Sunday that they can disclose

Piety in the 21st Century

- Online prayer/devotions and apps
- [Day365](#) (TEC a partner/sponsor)
- [Forward Day by Day](#)
- [Lectio 365](#)
- Franciscan [Richard Rohr's daily email](#)
- [You Bible app](#) (zillions downloaded!!)
- [Church of England](#)
- [Way of Love](#)



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- The Rev. Brian Zahnd
 - A progressive Pentacostal who found the Book of Common Prayer
 - [Prayer School](#) - Brian Zahnd (Audio Download)
 - [A Liturgy for Morning Prayer](#)
 - Free app “Prayer Liturgy “




Piety in the
21st Century
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Study in the 21st Century

- Virginia Theological Seminary -
<https://baptizedforlife.org/resources>
- ChurchNext videos
<https://www.churchnext.tv/p/churchnext>
\$9/mo
- Andy Stanley Your Move -
<https://yourmove.is>
- Homebrewed Christianity – Tripp Fuller
<https://trippfuller.com/podcasts>
- Rule of Life – Practicing the Way
<https://www.practicingtheway.org>
- Think podcasts and YouTube

Clausura Questions for Pilgrims

- Type out the questions Pilgrims will answer at Clausura, laminate, and leave on podium
 - What is your name?
 - What city or town do you live in?
 - What church do you attend and in what city?
 - Then add from the following:
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Pick what to ask Pilgrims at the End (not all of these)

1. What have these three days meant to me? - WTE
2. What do I intend to do with the experience in my Fourth Day? - WTE
3. In what spiritual condition did you arrive here? - KPM
4. What did you find here? - KPM
5. What are you taking away with you? - KPM
6. What have you discovered here these three days? -RCC
7. What do you intend to do with it? - RCC

Bonding (and preventing loss of sheep)

- The Weekend's Rector/a can set up a Facebook Group for "Upper South Carolina Episcopal Cursillo #143 – July, 2023"
- Invite team, pilgrims, sponsors
- Use it to keep people in touch
- Create Facebook events (remind about Day of Deeper Understanding, Ultreyas, upcoming Weekends)
 - And opt to email notice to everyone
- Still have folks join the entire Secretariat FB group
- Post the group photo – Thank you and bless you. Ultreya!



Episcopal Cursillo Conference 2025

- When: Wednesday, October 29 – Saturday, November 1, 2025
- Where: Toddhall Retreat Center, Columbia, Illinois (about 15 miles south of the Arch in St. Louis)
- Who's invited: Everybody!
- <https://episcopalcursilloministry.org/>




Your ideas for
topics for
future
discussion

- Send to EC MC President Bob Vaughn at bobvaughn8@gmail.com
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And grab your camera one more time

- Here is the ECM Survey (if you haven't done it already)
- <https://tinyurl.com/EpCursilloSurv>





That's all from me, folks!
Thank you.
Now what do you have?

If you have other ideas that you or your Secretariat have discovered, please send them to me, and we'll figure out a way to share them.

Kevin Mallon k.mallon@frontier.com