

Action

"I will make you fishers of men."

What have you done during the week to extend the kingdom of God?

In your family
In your work
In your environment
In your parish
In your Group Reunion
In your Ultreya

Always consult with your Spiritual Director about your piety, study and action.

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"And so we shall all come together to that oneness in our faith and in our knowledge of the Son of God; we shall become mature people, reaching the very height of Christ's full stature." *Ephesians 4:13 (TEV)*

As a Christian, I will see that a portion of the time, talent and money entrusted to me by God is returned for His service in my church, my family, and my community.

Episcopal Cursillo Ministry®
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Reg. U.S. Pat. Off.

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My Rule of Life

A Pattern for Living the Christian Faith



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As a Christian, My Aim is to Follow Christ

Lord Jesus Christ, I, _____
from this day on, a conscious and
growing member of your Mystical
Body, in union with all apostolic
Christians of your Church, with the
help of your grace, will contribute
my idealism, my self surrender, my
spirit of charity, to make your
kingdom more effective in me, and
in all my brothers and sisters.

This Rule is an act of solemn
dedication which I make in the
Name of the Father, and of the
Son, and of the Holy Spirit. Amen.

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Piety

“Without Me you can do nothing.”
John 15:15

- ___ Worship God every Sunday
in Church
- ___ Holy Communion
- ___ Daily Office
- ___ Daily Personal Prayer Time
- ___ Meditation
- ___ Altar Visit
- ___ Examination of Conscience
- ___ Spiritual Direction
- ___ Reconciliation of a Penitent

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Study

“Thy Word is a lamp unto my feet.”
Psalms 119:105

“If you only understood the gift
of God...”

- Bible Reading
- Bible Commentary
- Books of Spiritual Formation

Don't be satisfied with reading
good books; read the best.

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