

## Action

"I will make you fishers of men."

What have you done during the week to extend the kingdom of God?

**In your family**  
**In your work**  
**In your environment**  
**In your parish**  
**In your Group Reunion**  
**In your Ultreya**

Always consult with your Spiritual Director about your piety, study and action.

"And so we shall all come together to that oneness in our faith and in our knowledge of the Son of God; we shall become mature people, reaching the very height of Christ's full stature." *Ephesians 4:13 (TEV)*

As a Christian, I will see that a portion of the time, talent and money entrusted to me by God is returned for His service in my church, my family, and my community.

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Reg. U.S. Pat. Off.



**RELATIONSHIP**  
**EVANGELISM**  
**RECONCILIATION**

## *My Rule of Life*

**A Pattern for Living  
the Christian Faith**

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## As a Christian, My Aim is to Follow Christ

Lord Jesus Christ, I, \_\_\_\_\_ from this day on, a conscious and growing member of your Mystical Body, in union with all apostolic Christians of your Church, with the help of your grace, will contribute my idealism, my self surrender, my spirit of charity, to make your kingdom more effective in me, and in all my brothers and sisters.

This Rule is an act of solemn dedication which I make in the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

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## Piety

"Without Me you can do nothing."  
*John 15:15*

- Worship God every Sunday in Church
- Holy Communion
- Daily Office
- Daily Personal Prayer Time
- Meditation
- Altar Visit
- Examination of Conscience
- Spiritual Direction
- Reconciliation of a Penitent

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## Study

"Thy Word is a lamp unto my feet."  
*Psalms 119:105*

"If you only understood the gift of God..."

- Bible Reading
- Bible Commentary
- Books of Spiritual Formation

Don't be satisfied with reading good books; read the best.

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